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Headteacher:
Miss K Morris



Biddick
Academy

2nd October 2020

Dear Parent/Carer,

YEAR 7 PRACTICAL PHYSICAL EDUCATION LESSONS – 12th OCTOBER 2020

I am writing to share our practical Physical Education curriculum plans for Year 7. As you are aware, PE lessons have been theory only so far this term. We are eager for students to enjoy the benefits of physical activity in a safe, COVID secure manner as soon as possible.

After consultation with Government guidance and awarding body recommendations, we are planning to reintroduce practical PE, initially to Year 7, on a trial basis starting week commencing **12th October, 2020**.

We feel very passionately about Physical Education and the benefits for our students' health and wellbeing. We have altered the delivery of practical PE to ensure the safety of our students and wider families during the Coronavirus pandemic. It is our intention that following Year 7, we will then extend this, year group by year group. We are taking this cautious approach to ensure the safety of all students and to establish health and safety routines with each group.

On the days when Year 7 students have PE on their timetable, they are required to attend the Academy in their Biddick PE kit for the full day. We would like to ask for your support in ensuring that **only PE kit within the kit policy is worn during these specific times**. Please see further details regarding the kit policy below.

Our PE Policy

- Biddick Academy PE kit, alternatively a plain white t-shirt and plain black tracksuit bottoms, plain black shorts, plain black leggings (unbranded and suitable for sport), suitable trainers.
- If a student needs to be excused for medical or illness related reasons, this must be in the form of a written note in the student planner from the parent/carer.
- Students excused for medical/ illness will still take part in the lesson in an appropriate form such as a coaching skills assessor.
- Notes beyond a 2-week period are required to be supported by medical evidence/ letter.
- Incorrect kit/no kit. The first instance will result in a warning. The second instance will result in an after-school detention.
- If you would like to purchase Biddick PE Kit please contact the Student Office Manager, Mrs Petrie on 0191 5111600 or email info@biddickacademy.com

To ensure the safety of our students the following protocols will be in place

- Students will only be taught within their year group bubble.
- Students will sanitise their hands at the start and end of the lesson, plus at any desired time in the lesson.
- Students will complete a series of activities which are low in frequency and duration to ensure a reduced elevation in respiration levels.
- During lessons students will be instructed to practice social distancing as much as possible.
- All lessons will be outdoors to support Government guidance.
- Equipment will be restricted to specific year groups and cleaned thoroughly between each use.

Practical PE lessons will start for Year 7 week commencing **12th October, 2020**.

If you have any concerns or queries please contact Miss Cooksey, Leader of PE on 0191 5111600 or email info@biddickacademy.com.

Yours faithfully,

Miss K. Morris
Headteacher