

Biddick Lane  
Washington  
Tyne & Wear  
NE38 8AL

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Tel: 0191 511 1600  
Fax: 0191 417 2897

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Headteacher:  
Miss K Morris



**Biddick**  
Academy

15<sup>th</sup> December 2020

Dear Parent/Carer,

I am writing to you to share our practical Physical Education curriculum plans for Year 10. As you are aware, PE lessons have been theory only so far this term. We are eager for students to enjoy the benefits of physical activity in a safe, COVID-secure manner as soon as possible.

After consultation with government guidance and awarding body recommendations, we are planning to reintroduce practical PE for Year 10, starting week commencing **4<sup>th</sup> January, 2021**.

We feel very passionately about Physical Education and the benefits for our students' health and wellbeing. We have altered the delivery of practical PE to ensure the safety of our students and wider families during the Coronavirus pandemic.

This is part of a phased reintroduction plan for practical lessons at Biddick Academy and we are taking this cautious approach to ensure the safety of all students and to establish health and safety routines with each group.

On the days when Year 10 students have PE on their timetable, they are required to attend the Academy in their Biddick PE kit for the full day. We would like to ask for your support in ensuring that **only PE kit within the kit policy is worn during these specific times**. Please see further details regarding the kit policy below.

#### Our PE Policy

- Biddick Academy PE kit, alternatively a plain white t-shirt and plain black tracksuit bottoms, plain black shorts, plain black leggings (unbranded and suitable for sport), suitable trainers.
- If a student needs to be excused for medical or illness related reasons, this must be notified by form of written note in the student planner from parent/carer.
- Students excused for medical/ illness will still take part in the lesson in an appropriate form such as a coaching skills assessor and should still attend in PE kit.
- Notes beyond a 2-week period are required to be supported by medical evidence/ letter.
- Incorrect kit/no kit: first instance will result in a warning. The second instance would result in an after-school detention. Please speak to the teacher of your Child if there are concerns around kit items during these times.

Students must bring a spare pair of trainers or their school shoes with a plastic bag, a change of footwear will likely be needed due to outdoor PE surfaces being wet, where all PE lessons will be outdoors. The purchase of Biddick PE kit is via the Student Office, by completion of the Biddick Uniform and Academy Order Form, with payment by cash or cheque. Please contact Mrs Petrie on 0191 5111600

#### To ensure the safety of our students the following protocols will be in place:

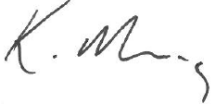
- Students will only be taught within their year group bubble.
- Students will sanitise their hands at the start and end of the lesson, plus at any desired time in the lesson.

- During lessons students will be instructed to practice social distancing as much as possible.
- All lessons will be outdoors to support government guidance.
- Equipment will be restricted to specific year groups and cleaned thoroughly between each use.

Practical PE lessons will start for Year 10 week commencing **4<sup>th</sup> January, 2021**.

If you have any concerns or queries please contact Miss Cooksey, Faculty Leader - PE.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'K. Morris', written in a cursive style.

Miss K. Morris  
Headteacher