Biddick Lane Washington Tyne & Wear NE38 8AL

Tel: 0191 511 1600 Fax: 0191 417 2897

> Headteacher: Miss K Morris



10<sup>th</sup> March 2021

Dear Parent/Carer

## Practical PE lessons will start for all students, years 7-11, week commencing 22nd March, 2021

I am writing to you to share our practical Physical Education curriculum plans for all students in the Academy. We are eager for students to enjoy the benefits of physical activity in a safe, COVID-secure manner, as soon as possible.

After consultation with government guidance and awarding body recommendations, along with our own Academy systems, we are planning to reintroduce practical PE for all students from week commencing 22nd March 2021.

We feel very passionately about Physical Education and the benefits for our students' health and wellbeing. We have altered the delivery of practical PE to ensure the safety of our students and wider families during the Coronavirus pandemic.

On the days when students have PE on their timetable, they are required to attend the Academy in their Biddick PE kit for the full day. We would like to ask for your support in ensuring that only PE kit within the kit policy is worn during these specific times. Students are permitted to wear PE kit on PE days from week commencing the 22nd March. Please see further details regarding the kit policy below.

## Our PE Policy

- Biddick Academy PE Kit, alternatively a plain white t-shirt and plain black tracksuit bottoms, plain black shorts, plain black leggings (unbranded and suitable for sport), suitable trainers.
- If a student needs to be excused for medical or illness related reasons, this must be notified by form of written note in the student planner from parent/carer.
- Students excused for medical/ illness will still take part in the lesson in an appropriate form such as a coaching skills assessor and should still attend in PE kit.
- Notes beyond a 2-week period are required to be supported by medical evidence/ letter.
- Incorrect kit/no kit: first instance will result in a warning. The second instance would result in an after-school detention.
- Please speak to the teacher of your Child if there are concerns around kit items during these times.

Students must bring a spare pair of trainers or their school shoes, as a change of footwear will likely be needed, should outdoor PE surfaces be wet.

The purchase of The Biddick PE kit is via the Student Office, by completion of the Biddick Uniform Order Form, with payment by cash or cheque.

To ensure the safety of our students the following protocols will be in place:

Students will only be taught within their year group bubble.

Students will sanitise their hands at the start and end of the lesson, plus at any desired time in the lesson.

During lessons students will be instructed to practice social distancing as much as possible.

All lessons will be outdoors to support government guidance.

KS4 Dance students will take part in controlled practical, in an indoor space.

Equipment will be restricted to specific year groups and cleaned thoroughly between each use.

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If you have any concerns or queries, please contact Miss Cooksey, Faculty Leader - PE.