



BIDDICK PARENT WEEKLY BULLETIN

Week starting 5th February 2024

Online Safety - Parental Controls

- In order to keep our young people safe online and support you in doing this, we have provided some guidance below on parental controls. These can ensure a level of certainty that young people are accessing age-appropriate content.
- If you do not have the same mobile phone as your child, and therefore are unable to use Google Family link or Apple Family Sharing, then you can set restrictions on your child's device instead.
- **Apple devices:**
- To set up restrictions on your child's device directly (rather than using an app) then follow the instructions on the link below:
- <https://support.apple.com/en-us/HT201304>.
- The instructions will show you how to get to the settings on your child's phone and then how to set restrictions such as restrict content, schedule downtime, set time limits for apps. You will need to set a passcode 'use a screentime passcode' to ensure changes cannot be made after you have set them.
- **Android devices;**
- As with the above link, this link shows you how to set up parental controls on the device itself by creating a PIN:
- <https://support.google.com/googleplay/answer/1075738?hl=en-GB#zippy=%2Cfor-family-members-who-manage-their-own-accounts>.

Year 7 and 8 Assembly

- Following the governments decision to ban disposable vapes in the UK, we were thrilled to host Sunderland Specialist Stop Smoking Team, who came into assemblies for Years 7 and Year 8 to talk about the risks of vaping.
- Students learnt about nicotine addiction and explored what is meant by risk taking behaviours.
- They also learnt about the laws relating to vapes building on from their Personal Development lessons.
- Please find attached to the Class Chart announcement a leaflet providing information for parents and carers to support conversations about vaping and e-cigarettes.
- The leaflet covers social pressures around vaping its impact, and the effects of nicotine.
- If you have any questions or concerns, please contact Mr Brown on brown.c@biddickacademy.com



Year 10 Work Experience

- A letter has been sent out via classcharts to provide information about work experience for Year 10 students this year.
- We will be holding a **Work Experience Information Evening** for parents/carers of Year 10 students on **Wednesday 7th February 2024 at 5.30pm**.
- This will provide information and advice to support your child to organise and secure a work experience placement. Your child is welcome to attend this evening. Please confirm your attendance by emailing Miss Moscardini at moscardinibaharie.d@biddickacademy.com.